

## SCOPE OF WORK



### Boys & Girls Clubs of Northeast Florida Scope of Service at Clanzel Brown Park:

Boys & Girls Clubs of Northeast Florida (BGCNF) wishes to be the sole provider of after school programming and related events at the Clanzel Brown Community Center/Park located at 4575 Moncrief. After School Programs would serve youth ages 6-18 from 2:30pm-7pm M-F and would run congruent with the DCPS School Calendar. The Club would host a Summer Camp for 6 Weeks M-F 8am to 5pm dates TBD.

BGCNF uses the ***Formula for Impact***, a BGCA research-based theory of change, that describes how individual Club members and the all staff, parents and partners in the BGCA Movement as a whole can increase our impact. The ***Formula for Impact*** calls for us to consistently provide the best Club experience possible by implementing the Five Key Elements for Positive Youth Development offering high-yield activities.

The Five Key Elements for Positive Youth Development include:

- **A safe, positive environment:** Members feel physically and emotionally secure at all times.
- **Fun:** The Club offers a welcoming, positive environment that encourages students play, discover new things, meet new people so they keep coming back.
- **Supportive relationships:** The Club ensures that every young person feels connected to one or more adults and has friendships with peers.
- **Opportunities and expectations:** Club staff and programs consistently communicate high expectations of their potential to excel.
- **Recognition:** Club staff recognize and celebrate Club members' accomplishments.

A day at the Club begins with daily assembly hosted by the Unit Director as a point of connection for Club members and a leader of all staff. Academics will be led by Certified Teachers and Youth Development Professionals. During academics the staff will post learning activities to be completed by members in small groups fielding questions from school lessons assigned that day. Enrichment will be led by our Youth Development Professionals focusing on the BGCNF Core Areas- Sports & Recreation, Education, The Arts, Health & Wellness, and Leadership and Service.

Each site delivers academic and project-based learning evidenced-based programs that are fun, engaging and challenging, and help to increase overall student success. Please see some Examples of our national programs below:

**Project Learn / Power Hour – (Evidence-Based Programs)** Boys & Girls Clubs of America

*Areas Covered:* Academic Learning, Homework Help, Academic Enrichment Teachers and Youth Development Professionals (YDP) follow a daily schedule that indicates when Project Learn and Power Hour, our homework assistance programs, are offered according to members according to grade level. Trained staff (YDP's) invite members to begin the hour with short games, icebreakers, or daily check-ins to prepare students for learning. We have found that these activities help students to get on task quicker and remain focused longer

Members use Readworks, a platform of short stories with worksheets, puzzles, and games that are aligned with Florida State Standards, to increase Lexile scores and to instill a love for reading. Program staff conduct annual satisfaction surveys to assess the relevance and utility of activities and strategies employed to increase academic performance. Students receive incentives and rewards for academic achievement and participation in the homework help programs and include field trips, movie time, and dance parties.

**Triple Play – A BGCA Research-based Program**

*Areas Covered:* Health & Nutrition / Exercise

The program will provide appropriate physical activity through Triple Play, a BGCA research-based program designed to increase communication skills, build teamwork, self-confidence and to develop a sense of fair play. Triple Play delivers on the belief that whole child health fosters young people's ability to gain diverse knowledge, skills, and protective factors that enable them to overcome barriers and thrive in adulthood. Through fun and engaging activities, the program delivers health education and programming that promotes the importance of physical activity and proper nutrition. It also focuses on the underlying causes that negatively impact health by enabling Club members to develop life-long skills that are foundational to their present and future success.

Members will participate in team sports that include flag football, basketball; cheer, step and dance, relay racing, dance parties and other activities that may be instructed by our volunteers, like tennis, baseball and lacrosse. Other activities include games that enhance fine motor coordination like balancing objects in relay fashion. All activities are led by a Sports & Recreation Youth Development Professional (YDP) who possesses the skills, experience and interest to challenge and inspire Club members to become responsible teammates and citizens through targeted physical fitness activities and gain the positive attributes that tag along.

## **SMART Moves- BGCA family of Programs Social-Emotional Learning**

Areas Covered: Social-Emotional Learning, Health and Wellness

The Healthy and Wellness Youth Development Professional integrates the following social emotional learning concepts in all areas of Club life: Resiliency, self-confidence, coping skills, compassion, volunteerism, resourcefulness, ability to ask for help, learning how to network, gain self-respect and respect for others, good communication skills, presentation skills increasing their ability to navigate social constructs, education, employability and to establish trusting relationships with members and their parents that will enable a child to succeed.

Social emotional learning opportunities are threaded throughout all aspects of the programs and services that we deliver. From evidenced-based BCGA *SMART* programs to family engagement activities and other programs like the *Harmony Program* (Sanford Harmony). Through Harmony, Club members learn to tackle important concepts to keep in mind in the area of social-emotional learning.

These concepts are wrapped into BGCA's evidenced-based SMART program curriculum. The **SMART Moves** family of programs assist Club members in resisting alcohol, tobacco and other drugs and premature sexual activity and to overcome obstacles that impede their development in leading successful lives and achieving their goals. Through age-appropriate modules, *SMART Moves* provides Club members with the knowledge, skills and self-esteem to help them make healthy choices and practice responsible behaviors, which includes avoiding the use of alcohol, tobacco and other drugs and postponing sexual activity.

### **Data Driven Results and Self Assesmesnts**

All curriculum for evidence-based, BGCA national programs, include diagnostic assessments, qualitative surveys, and pre and post-tests. Through our partnership with Duval County Public schools, Club staff can access One View, to retrieve report cards, progress reports, discipline referrals, and teacher comments. Club staff review and collate this data monthly and quarterly and make programming changes as needed to enhance our Club members' academic performance or to improve behavior.

BGCNF conducts an annual program self-assessment (survey) of its programs that invites input from club members, parents and staff. Additionally, BGCNF administers an annual survey known as National Youth Outcomes Initiative (NYOI) to all members. They survey gauges member satisfaction in areas that include safety, fun, adult interaction, recognition and the overall Club experience.