Introduced by Council Member Diamond & Co-Sponsored by Council Member Morgan, Hazouri, Becton, Bowman, Boylan, Carlucci, Cumber, DeFoor, Dennis, Ferraro, Freeman, Gaffney, Newby, Pittman, Priestly Jackson, Salem, White, and Wilson and amended on the Floor of Council:

RESOLUTION 2020-271-A

A RESOLUTION DESIGNATING THE MONTH OF MAY AS MENTAL HEALTH AWARENESS AND TRAUMA INFORMED CARE MONTH IN JACKSONVILLE; REQUESTING EMERGENCY PASSAGE UPON INTRODUCTION; PROVIDING AN EFFECTIVE DATE.

WHEREAS, mental health is essential to everyone's overall
health and well-being; and

WHEREAS, everyone experiences times of stress and struggles in their lives; and

WHEREAS, one in four adults and one in five youth ages 13-18
experience serious mental illness; and

WHEREAS, 60 percent of adults and 50 percent of youth do not receive the treatment necessary for their mental health needs due to limited or no knowledge of the need, barriers to care, or fear and shame; and

WHEREAS, research recognizes that adverse childhood experiences (ACEs), which include, but are not limited to physical, emotional and sexual abuse, physical and emotional neglect, household dysfunction, untreated mental illness, or incarceration of a household member, domestic violence, and separation or divorce involving household members, are traumatic experiences that can

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have a profound effect on a child's developing brain and body and can result in poor physical and mental health during childhood and adulthood; and

WHEREAS, community understanding and available supports and services can greatly impact a person's ability to handle their stress and struggle and move forward; and

WHEREAS, promoting mental health and wellness leads to higher overall productivity, better educational outcomes, lower crime rates, stronger economies, lower health care costs, improved family life, improved quality of life and increased lifespan; and

WHEREAS, studies show that the effects of ACEs are felt by people regardless of race, ethnicity, religion, gender, sexual orientation, or socio-economic status; and

WHEREAS, each business, school, government agency, healthcare provider, faith-based organization, non-profit agency and citizen shares accountability for the community's mental health needs and has a responsibility to promote mental wellness and support prevention efforts; and

WHEREAS, the Jacksonville City Council recognizes the impact of awareness and education, access to services and acceptance of the importance of mental health and well-being to a person's overall success and supports the implementation of trauma informed approaches throughout the systems of care; now therefore

BE IT RESOLVED by the Council of the City of Jacksonville:

Section 1. The City of Jacksonville hereby declares the month of May as Mental Health Awareness and Trauma Informed Care month in Jacksonville and urges all citizens to join the national movement to raise awareness about mental health. Citizens are urged to join the fight against stigma associated with mental health illness and to take advantage of resources and opportunities available to them to become more aware of the importance of mental

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20 /s/ Paige H. Johnston

Form Approved:

21 Office of General Counsel

22 Legislation Prepared By: Paige H. Johnston

with mental illness and their families.

Section 2.

the local community.

Section 3.

without the Mayor's signature.

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health and well-being to a person's overall success. To that end,

the City supports the implementation of trauma informed approaches

throughout the systems of care, including support and education for

the public, along with advocating for policies that support people

pursuant to Council Rule 4.901 Emergency. Emergency passage upon

introduction of this legislation is requested. The nature of the

emergency is that May is designated nationally as Mental Health

month and the City Council desires to show its support for the

national dialogue on mental health awareness and wishes to make

strides locally for acceptance and support for individuals within

effective upon signature by the Mayor or upon becoming effective

Requesting emergency passage upon introduction

Effective Date. This Resolution shall become