

G. RICO BODIN

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Jacksonville, FL., 32244

A Registered Clinical Mental Health Counselor Intern (IMH 16733), a Master's Level Certified Addiction Professional (MCAP) with a background in both individual and group counseling. Adept at assessment, intervention, treatment, psychotherapy and group therapy for youth, adolescents, and adults, including the concentration of sexual minorities. Psychotherapy experience includes counseling in cases of substance use, emotional crisis, family issues, trauma, anxiety, and depression. Providing patients with the highest quality of care possible, regardless of the situation. A highly motivated and adaptable leader with extensive experience in training and development, management, customer service, and employee engagement.

EDUCATION

MS	Jacksonville University, Jacksonville, Florida Clinical Mental Health Counseling with a Specialization in Marriage and Family Therapy Graduated Summa Cum Laude	12/2017
BS	Bellevue University, Bellevue, Nebraska Behavioral Science Graduated Magna Cum Laude	05/2015

HONORS AND AWARDS

Dean's List Bellevue University	2013, 2014, 2015
Chi Sigma Lota National Honor Society Eta Upsilon Chapter	2017
Trademark Author Intellectual Property - <i>Navigating the Waves of Wellness</i>	2017

PROFESSIONAL EXPERIENCE

Gateway Community Services, Jacksonville, FL. **Recovery Connection Program Manager**, November 2017 – Present

Gateway Community Services, Jacksonville, FL. **HIP Program and Aftercare Counselor**, February 2017 – November 2017

Gateway Community Services, Jacksonville, FL. **Health Educator/Case Manager**, July 2015 – February 2017

Bealls Department Store, Jacksonville, FL. **Area Manager**, 2012 –2015

JCPenney Company, Orange Park, FL. **Specialty Sales Manager**, 2001-2012

RESEARCH EXPERIENCE

Navigating the Waves of Wellness is a campus-wide mental wellness fair to influence help-seeking behaviors of at-risk undergraduate male university students toward professional help and to identify those at risk for suicide, while providing intervention and prevention strategies to reduce suicide attempts campus-wide.

Jacksonville University, Jacksonville, Florida

2016 to 2017

Research Presentation, with co-author Cindy M. Williams

- International Symposium on Cognitive Research and Disabilities

PROFESSIONAL TRAINING

- Gestalt Therapy
- TeleMental Health®
- HeartMath™ Certified Provider
- GAIN-I Site Interviewer
- Certified Recovery Peer Specialist (CRPS-A) (MH-005830)
- Master's Level Certified Addiction Professional (MCAP) (MCAP-100644).
- Seeking Safety, Trauma Approach
- LGBTQ Affirmative Counseling
- Dialectical Behavioral Therapy (DBT)
- Certified Transgender Healthcare Dignity Model Provider
- Brief Intervention, and Referral to Treatment (SBRIIT) Certified
- Gottman's 10 Principles for Effective Couples Therapy
- Mental Health First Aide
- Escalation Workshop Facilitator
- Overdose Prevention and Naloxone Trainer
- Wellness Recovery Action Planning (WRAP®) Facilitator
- "Helping Others Heal" State Trainer, endorsed by Department of Children & Families

PROFESSIONAL AFFILIATIONS

American Counseling Association (ACA), Northeast Florida Mental Health Counselor's Association (NFMHCA), National Association of Lesbian Gay Addiction Professionals (NALGAP), Northeast Florida Council on Alcoholism and Drug Abuse (NEFCADA)

COMMUNITY SERVICE

Free To Be

Founder, Jacksonville, FL. 2003 – present

Freedom To Be Me

Founder, Jacksonville, Fl., 2012 – present

Drug Free Duval Heroin/Opioid Taskforce

Committee Member, Jacksonville, FL., 2016 – present

Community Coalition Alliance, INC.

Prevention Partner, Jacksonville, FL., 2017 – present