



#### Great place to live, work and play

16<sup>th</sup> best place to live (US News and World Reports)

### Jacksonville

6<sup>th</sup> best place to retire (US News and World Reports)

3<sup>rd</sup> hottest job market in the US (Wall Street Journal)

2<sup>nd</sup> fastest growing city since the pandemic (Economic Innovation Group)

### Challenges



University of Wisconsin County Health Rankings are done for each state

Florida with 67 counties

Duval ranks below average in Health Outcomes

Countyhealthrankings.org

### Why?



- Health Outcomes are ranked based on:
- Length of life
  - Premature Death Rate (PDR):
    - 75 years of age is the gold standard
    - The PDR is calculated over 3 years (2018-2020) and measures the number of life years lost per 100,000 population.
    - So if someone dies at age 70, that would be considered 5 years of life lost;
    - If someone dies at 1 year old, that would be 74 years of life lost

# **USA**



- Premature Death Rate (PDR) in the United States
  - 8000





# Florida

- Premature Death Rate (PDR) in Florida:
  - 8300

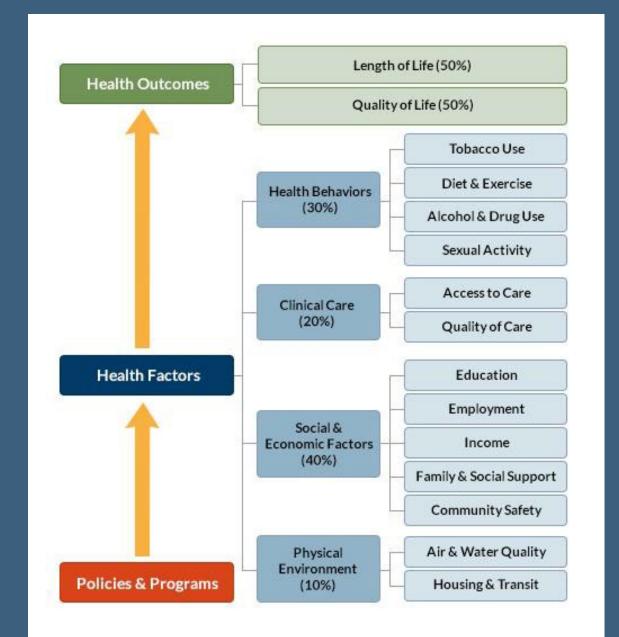




# Duval

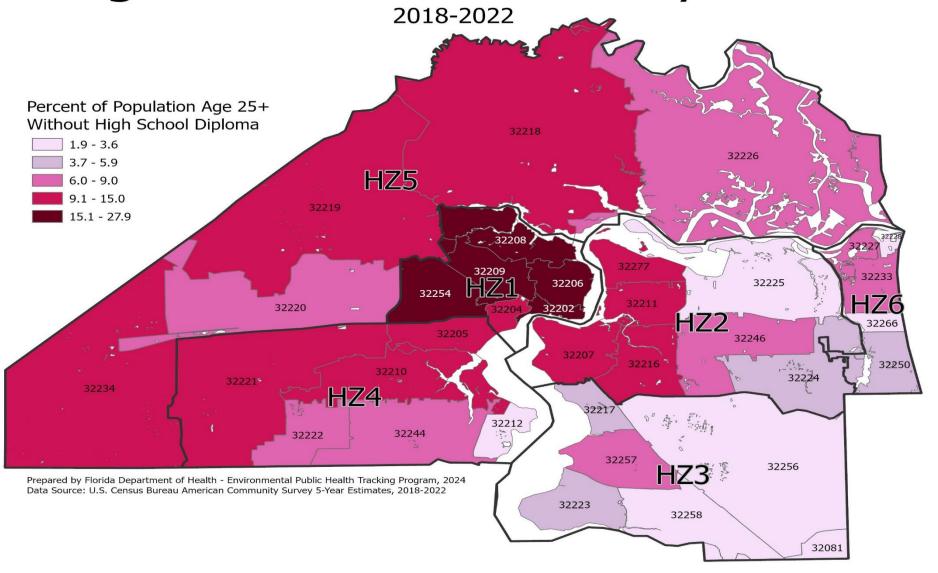
- The Premature Death Rate in Duval County:
  - 11,300

#### Social Determinants of Health



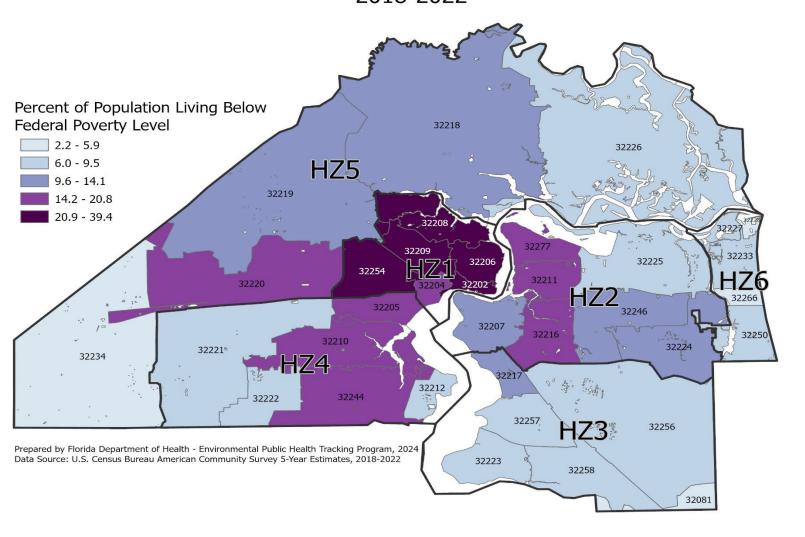


#### High School Education by ZCTA





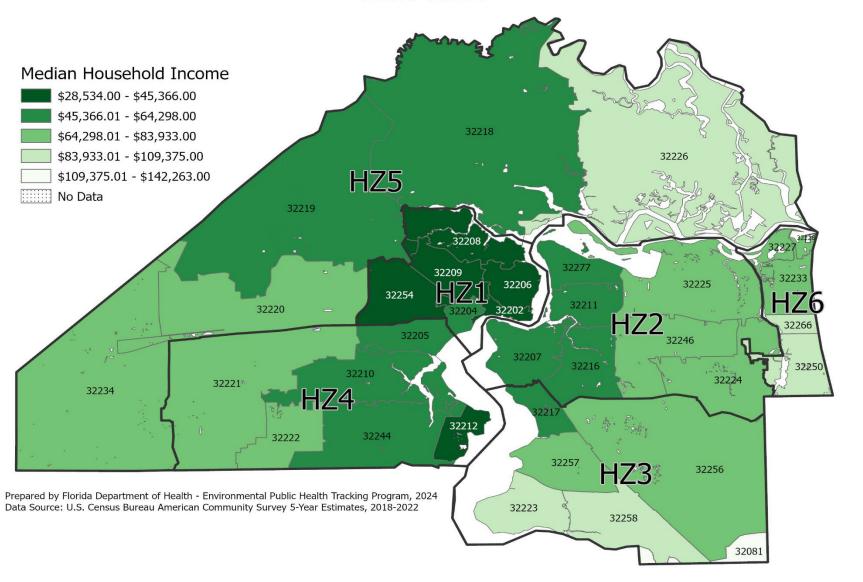
# Percent of Population Below Poverty Level by ZCTA





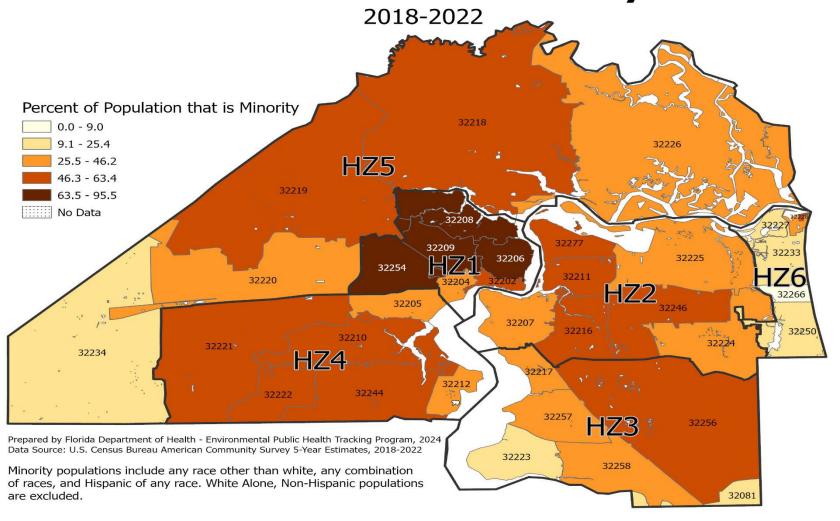
#### Median Household Income by ZCTA

2018-2022

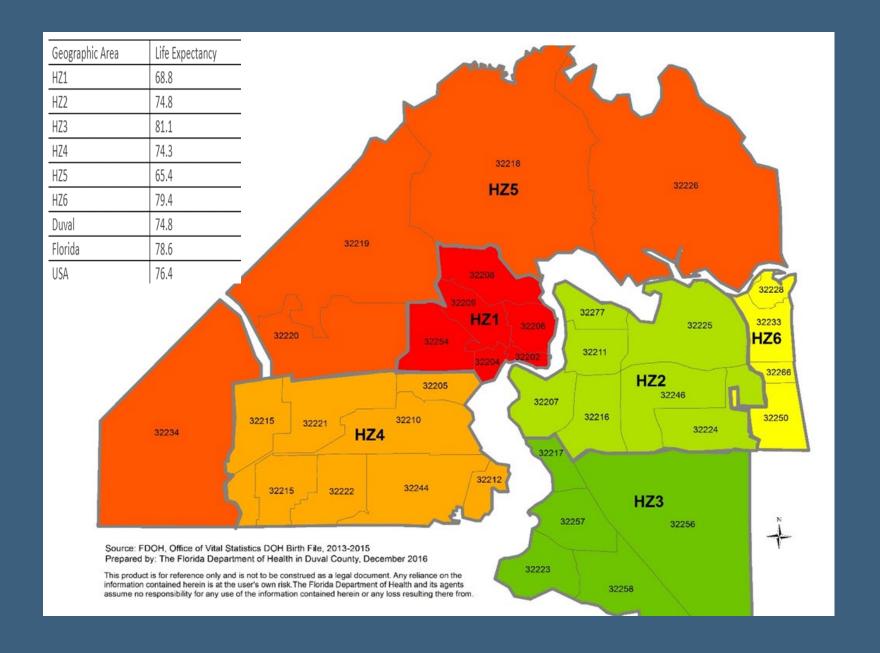




# Percent Minorities by ZCTA









# Many groups have worked on community health improvement plans:



- Florida Department of Health-Duval,
- Not-for-profit hospitals,
- Blue Zones-Jacksonville,
- The Jacksonville City Council
  - Critical Quality of Life Issues Task Force,
- Mayor's Health Programs Transition team



### \$5.6 million approved for health programs

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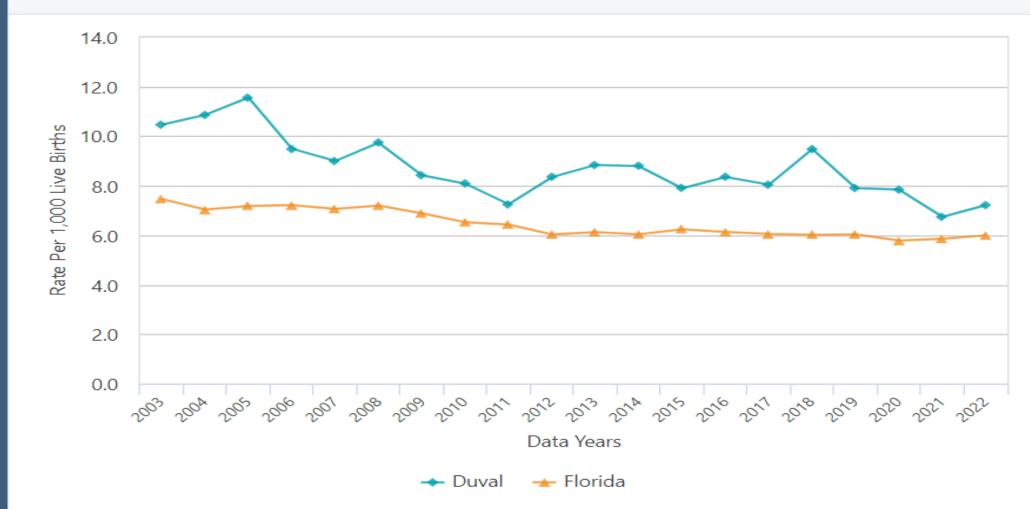


- December 12<sup>th</sup>, 2023 City Council Meeting:
  - Support organizations working to decrease Infant Mortality in Northeast Florida
  - Bring awareness of Mental Health Resources in Northeast Florida
  - Reduce elderly food insecurity
  - Support the training of Community Health Workers
  - Provide innovative ways to support Duval County Safety Net Primary care/Preventative care programs

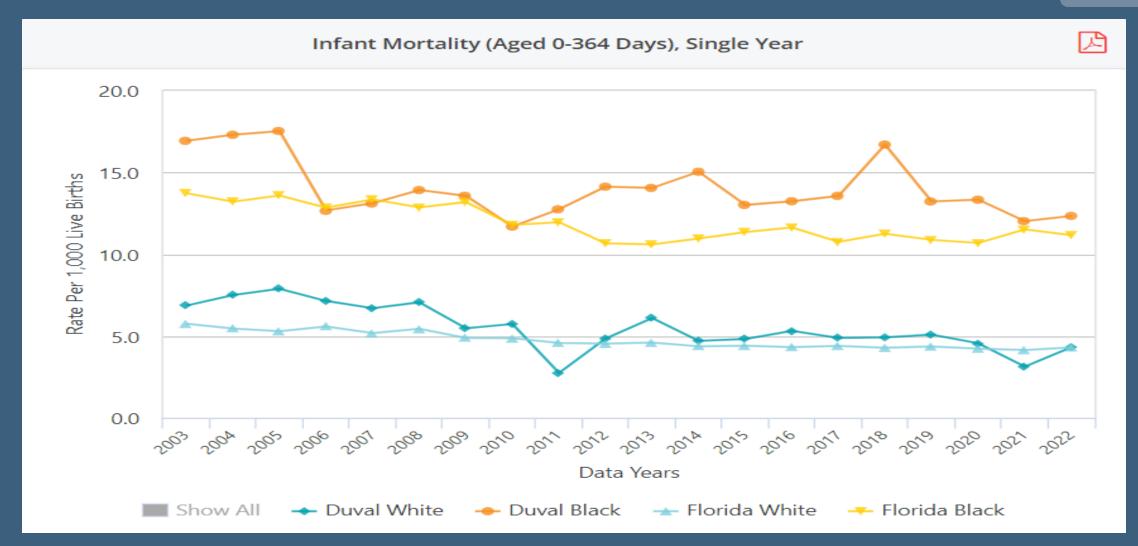






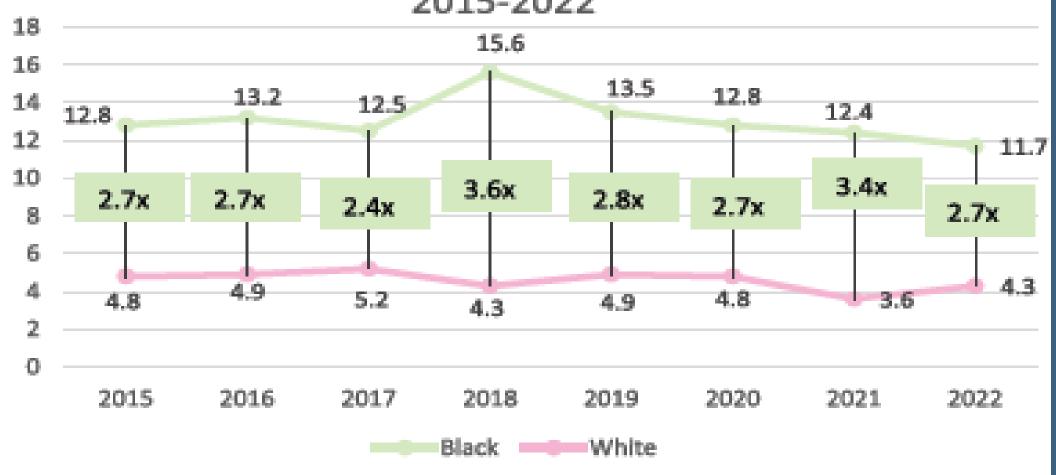






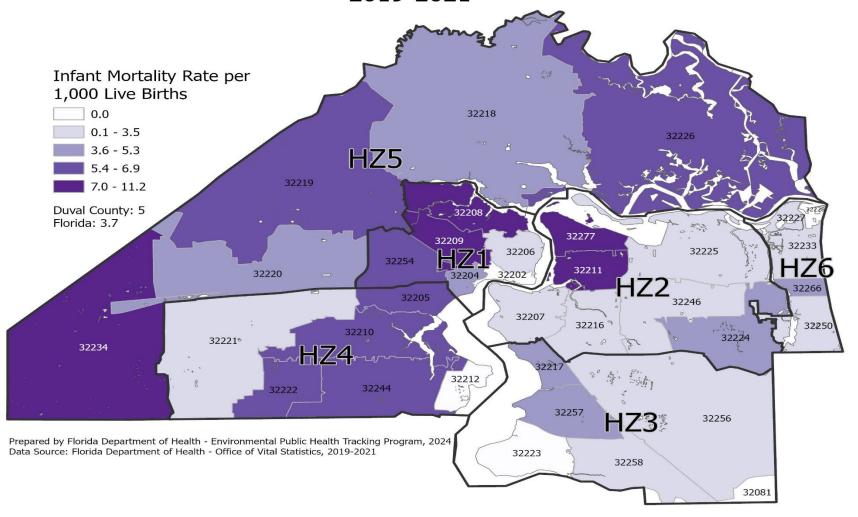






# Infant Mortality Rate by ZCTA

2019-2021







• In Northeast Florida: Though infant mortality in African Americans is high, the current rate of 11.7 represents a 25% decrease since 2018 (15.6)

- What's working?
  - Florida Statute 383.14
    - Identify high risk
  - Community Health Workers:
    - Home visitation
    - Education

#### Goal:

- Lower infant mortality;
- Improve maternal health in Jacksonville.

#### Strategy:

- Provide three additional community health workers to an organization that serves pregnant mothers and infants.
- Increase the number of homes canvassed by 200 to educate on health, social services, sleep related injury and available resources.
- Connect pregnant women and infants to home-visiting programs.
- Engage and educate community members, including local businesses, churches, and pediatric clinics,
   on safe sleep standards, premature labor awareness, health planning, and toxic stress

#### • Budget:

\$250,000 in year one for a local organization working on maternal/infant mortality to hire up to 3
additional community health workers





# Mental Health and Wellbeing

# Hospitalizations Due to Mental Illness



Florid	Hospitalizations From Mental Disorders		
Indicator	Year	Count	Rate
Under age 18	2022	30,305	689.4
18-21	2022	12,726	1,263.2
22-24	2022	9,510	1,232.8
25-44	2022	71,129	1,263.6
45-64	2022	57,996	995.8
65-74	2022	15,223	574.4
75 or older	2022	8,738	426.0

2022

Total

205,632

Duval		Hospitalizations From Mental Disorders	
Indicator	Year	Count	Rate
Under age 18	2022	1,481	626.8
18-21	2022	709	1,477.9
22-24	2022	560	1,411.4
25-44	2022	4,261	1,390.1
45-64	2022	2,946	1,154.9
65-74	2022	646	663.5
75 or older	2022	263	455.5
Total	2022	10,868	1,044.3

### Mental Health/Wellbeing



#### • Goal:

• Improve access to mental health resources in Jacksonville.

#### • Strategies:

- Promote mental health resources and "988" during Mental Health Awareness Month
- Support the United Way to hire two full-time crisis counselors.
- Support the training of 1500 community members in Mental Health First Aid in Year 1.
- Support a pediatric organization to provide collaborative care coordination, psychoeducational assessments, peer support/life coach managers, ancillary provider services, administrative support, and address the social determinants of health as needed for children and adolescents.

#### • Budget:

- \$200,000 to United Way to hire 2 additional fulltime crisis counselors
- \$50,000 for 1500 people in Duval County to be trained in Mental Health First Aid by Starting Point
- \$430,000 funding to Angel Kids, by direct contract to provide wrap around behavioral health services to children/adolescents in culturally competent manner

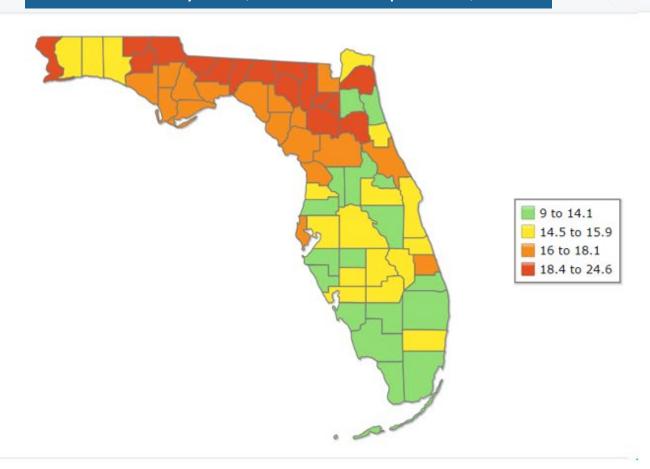
### Food Insecurity 2015 vs 2021

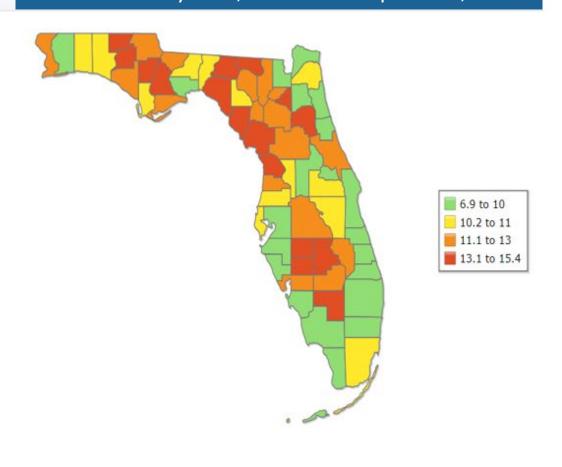


Food Insecurity Rate, Percent of Population, 2015



Food Insecurity Rate, Percent of Population, 2021



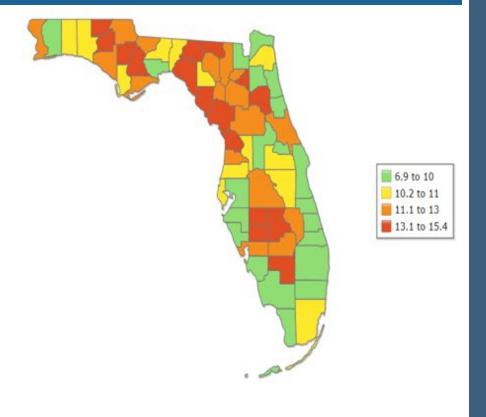


### Food Insecurity





#### Food Insecurity Rate, Percent of Population, 2021



### Food Insecurity



- What's working?
  - Feeding Northeast Florida
  - Urban Farmers
  - JTA- ReadiRide
  - Meals on Wheals/Meals on Wings

### Food Insecurity in the Elderly



- Background:
  - Jacksonville has approximately 156,000 residents over the age of 65;
  - We know of approximately 3600 that are food insecure.
  - Meals on Wheels/Meals on Wings (and others) provide meals for seniors
    - congregate meals programs
    - home-delivered nutrition programs,
    - while following the nutrition guidelines of the Older Americans Act.
  - Providing one hot meal a day for over 870 individuals,
    - Still at least over 2700 on a waiting list for services

### Food Insecurity in the Elderly



#### Goal:

 Reduce hunger and food insecurity for the elderly who are currently on the waiting list to receive a meal on wheels.

#### Objective:

• Provide one hot meal five days a week for an additional 2,000 elderly citizens currently on the Meals on Wheels waiting list.

#### • Strategies:

- Complete the procurement process to solicit competitive bids for collaborating organizations to submit proposals and select the best organization(s) from the proposals submitted.
- Certify the eligibility to ensure the neediest elders are served first by facilitating in-home assessments for all elderly who have requested delivered meals beginning with levels two and three.

#### Budget:

• \$2,210,000 for an organization to provide one meal a day to an additional 2,000 food insecure elderly in Jacksonville

### Community Health Worker Training



#### Goal:

• Provide training and certify community health workers who are prepared to be hired by nonprofits/organizations to improve health outcomes.

#### • Objective:

 Train and certify 180 community members from diverse communities and cultures to be community health workers in year 1

#### • Strategies:

- Procurement process to solicit competitive bids; selected most qualified
- Assist with marketing and promotion to recruit community members to enroll in training to become CHW

#### • Budget:

\$200,000 to an organization to train 180 community health workers

### **Primary Care Accesss**



#### Goal:

 Improve opportunities for access to primary care and dental care for uninsured and underinsured community members.

#### Objectives:

- Offer telehealth virtual access to care for at least 10,000 uninsured community members in Year 1.
- Provide access to free health literacy about primary care and at least 5 common chronic conditions.
- Collaborate with at least 3 4 dental care providers to develop a strategy for addressing the problem of access to affordable dental care.

#### Primary Care Access

• Strategies:



- Complete the procurement process to solicit competitive bids for qualified organizations to submit proposals for telehealth urgent care services; and select the most qualified.
  - Begin the telehealth program for uninsured in particular in Health Zone 1 for Year 1
  - Increase the number of people that schedule visits through JaxCareConnect for primary care services by 15%.
- Complete the procurement process to solicit competitive bids for qualified organizations to submit a
  proposal regarding wrap around primary care services for the uninsured/underinsured and select the most
  qualified from the submitted proposals.
- Place links to health literacy (literature and videos) for common chronic conditions such as obesity, hypertension, diabetes, and chronic lung disease on COJ's health landing page.
- Work with organizations that facilitate community education on chronic diseases to spread the word to the community when opportunities are available

#### Primary Care Access



#### Budget:

\$2,185,000 for a telehealth organization to provide urgent care virtual
 visits to the uninsured in Jacksonville with a focus on Health Zone 1

• \$75,000 for a qualified organization that provides wrap round services for the uninsured/underinsured with strategies to address the social determinants of health

#### Health Insurance Access



- Goal:
  - Improve insurance enrollment during the open enrollment period.
- Objective:
  - Increase the number of new enrollments in Marketplace plans by 10%
- Strategies:
  - Partner with local media groups to provide a phone bank for local insurance brokers to educate and enroll citizens in ACA insurance.
  - Launch a social media campaign in collaboration with the Public Affairs team.
  - Organize a collaborative effort with our insurance committee and primary care and dental care committees to discuss network expansion for citizens facing limited network issues
- Budget:
  - Zero budget dollars

#### Health Insurance Access



#### Outcomes:

- New Enrollees in Marketplace Insurance:
  - 40,726 (2024) vs 26,278 (2023)
  - 55% increase
- Total Enrollees in Marketplace Insurance:
  - 163,184 (2024) vs 109,287 (2023)
  - 49% increase
- For Reference: Total Florida Enrollees in Marketplace Insurance:
  - 4.2 M (2024) vs 3.2 M (2023)
  - 31% increase

#### **UF** Health



#### City Contract:

- Currently indigent population needs to requalify every 6 months
- Very time consuming
- Limits access to care
- We have worked with UF Health and will change to 12-month requalification
  - Recommendation from the City Council's Critical Quality of Life Issues Task Force



thank

