Amended 5/14/24

Introduced by Council Member Freeman and Co-Sponsored by Council Members Amaro, Arias, Boylan, J. Carlucci, Carlucci, Carrico, Clark-Murray, Diamond, Gaffney, Jr., Gay, Howland, Johnson, Lahnen, Miller, Peluso, Pittman, Salem and White and amended on the Floor of Council:

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RESOLUTION 2024-391-A

A RESOLUTION RECOGNIZING THE MONTH OF MAY AS MENTAL HEALTH AWARENESS MONTH IN JACKSONVILLE; REQUESTING EMERGENCY PASSAGE UPON INTRODUCTION; PROVIDING AN EFFECTIVE DATE.

14 WHEREAS, in the U.S. one in every five adults, and one of every 15 six children, experience mental health disorders each year; and

WHEREAS, mental health impacts a person's emotional, social, environmental, financial and overall well-being. Mental health issues can affect anyone, regardless of gender, age, race, ethnicity, or income level; and

20 WHEREAS, major depression is one of the most common mental 21 illnesses, and in 2022 suicide was the second leading cause of death 22 for people ages 10-14 and 20-34. Connections to family, community 23 support and easy access to healthcare can help decrease suicidal 24 thoughts and behaviors; and

25 WHEREAS, people with mental and substance use disorders are 26 over-represented in the justice system, an estimated 44 percent of 27 those in jails have a mental illness. Homelessness is associated with 28 a higher prevalence of mental and substance use disorders as compared 29 to stably housed individuals; and

30 WHEREAS, with early and consistent treatment, people with 31 serious mental illnesses can manage their conditions, overcome

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1 challenges, and enjoy meaningful, productive lives. Treatments like 2 therapy, medication, and self-care have made recovery a reality for 3 many people suffering from mental illness. However, more than half 4 of those with mental health disorders do not receive treatment; and

5 WHEREAS, one third of Americans live in a county defined as a 6 mental health professional shortage area, where there are too few 7 providers to meet demand; and

8 WHEREAS, May has been designated National Mental Health 9 Awareness Month in the United States since 1949 by the Mental Health 10 America Organization, to bring attention to prevention and early 11 intervention efforts associated with awareness; and

WHEREAS, promoting mental health wellness can lead to higher workplace productivity, better educational outcomes, lower crime rates, stronger economies, decreased health care costs, improved family relationships, and increased lifespans; now therefore

BE IT RESOLVED by the Council of the City of Jacksonville:

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17 Section 1. The City of Jacksonville hereby recognizes the 18 month of May as Mental Health Awareness Month in Jacksonville and 19 urges all citizens to join the effort to raise awareness about mental 20 health, fight stigma, provide support, educate the public, and 21 advocate for policies that support the millions of people in the U.S. 22 affected by mental illness.

23 Section 2. Requesting Emergency Passage Upon Introduction 24 Pursuant to Council Rule 4.901 Emergency. Emergency passage upon 25 introduction of this legislation is requested. The nature of the 26 emergency is that May is designated nationally as Mental Health 27 Awareness Month, and the City Council desires to show its support for 28 mental health awareness in Jacksonville in a timely manner.

29 Section 3. Effective Date. This Resolution shall become 30 effective upon signature by the Mayor or upon becoming effective 31 without the Mayor's signature.

Form Approved:

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/s/ Mary E. Staffopoulos

4 Office of General Counsel

5 Legislation Prepared By: Colleen Hampsey, City Council Research

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