

EWU Community Fitness and Wellness Center

The performance schedule is within one year from the execution of the contract with an optimistic aim to complete the project within six months (by or before July 1, 2022) of the contemplated execution of the contract (January 2022) supply chain challenges and subsequent attendant construction delays notwithstanding.

Edward Waters University (EWU) intends and commits for the EWU Community Fitness and Wellness Center to be available for community/public use through its existing Schell-Sweet Community Resource Center and Center for Health Disparities which has a longstanding years-long history of continued public service to Jacksonville citizens and particularly seniors and families who reside in the New Town and NW Jacksonville community. The Center will also be dually used by EWU students, faculty, and staff. Collectively, New Town and NW Jacksonville citizens as well and members of the EWU community lack proximate access to adequate health and wellness facilities. Accordingly, and as a public service to quell the proliferation of persistent health disparities plaguing this low-income, aging, and largely minority community (i.e., New Town and NW Jacksonville community) as well as to primarily serve its largely minority and low income student community (where nearly 86% of students are pell-eligible—low income), EWU seeks to provide access to a geographically accessible, safe, and modernly equipped fitness and wellness facility to Jacksonville citizens and its students to further advance and augment the aforementioned existing health/wellness education opportunities being offered by the university.

James Weldon Johnson Building is located at 1840 W. 9th street, Jacksonville, FL 32209 on the campus of Edward Waters University. The project contemplates the renovation, construction, and re-purposing through the acquisition of fitness and wellness equipment of what formerly served as a cafeteria space in the former James Weldon Johnson Middle School which is now wholly owned and operated by EWU.

Edward Waters University
Community Wellness and Fitness Center

Demolition:

Remove all Existing Flooring and tile
Relocate all existing stored material to another onsite location
Demo all existing plumbing, electrical, gas and hood in recovery area
Demo everything else in area except the fridge and freezers - **\$12,500**

Flooring Company:

Install commercial black with purple fleck Rubber floor per rendering
Install indoor pro padded Astor Turf per drawing
Install commercial grade vinyl wood floor per drawing
Install new 6x6 tile in recovery area- - **\$82,000**

Painting:

Prep and paint doors, walls, columns etc. In entire area
Paint existing wall tile with oil base paint - **\$26,000**

Ceiling Tile:

Install new revealed edge smooth sanded ceiling tiles throughout. - **\$38,000**

Electrical:

Remove existing lights and add new LED 2'x4' basket trofter lights
Trench concrete for electrical for new floor plugs
Adjust electrical panel for new power requirements
Run all new electrical for equipment, AC, food prep, recovery room, and all others per drawing - **\$59,000**

Plumbing:

Install new plumbing for juice and recovery areas. - **\$13,500**

HVAC:

Repair 3 HVAC systems to like new condition.
Install 3 New AC commercial window units. - **\$38,000**

All new wall millwork and cabinets per rendering and in juice bar area.
Include quartz countertops in juice area and millwork accent walls per rendering - **\$39,000**

Design all new graphics for interior and exterior of fitness area
Install new vinyl window graphics to all windows
Install new vinyl wall graphics per rendering, (including outside brick) - **\$26,000**

Total - **\$334,000**
Overhead & profit- \$35,400
Total Construction/Renovation Cost - \$369,400

Equipment:

<u>Description</u>	<u># Items</u>	<u>Per Unit Cost</u>	<u>Total Amount</u>
S-TRC Treadmill	4 EA	\$ 4,300.00	\$17,200.00
S-CTX CROSS TRAINER	3 EA	\$ 3,700.00	\$11,100.00
S-RBX RECUMBENT BIKE	2 EA	\$ 2,400.00	\$ 4,800.00
S-UBX UPRIGHT BIKE	2 EA	\$ 1,900.00	\$ 3,800.00
STAIRMASTER HIIT BIKE	1 EA	\$ 1,700.00	\$ 1,700.00
Pro Laser Double Rack	1 EA	\$ 6,400.00	\$ 6,400.00
9 STATION	1 EA	\$ 20,000.00	\$20,000.00
TROY RUBBER GRIP PLATES 45lbs	36 EA	\$ 95.00	\$ 3,420.00
TROY RUBBER GRIP PLATES 35lbs	24 EA	\$ 74.00	\$ 1,776.00
TROY RUBBER GRIP PLATES 25lbs	24 EA	\$ 53.00	\$ 1,272.00
TROY RUBBER GRIP PLATES 10lbs	24 EA	\$ 21.00	\$ 504.00
TROY RUBBER GRIP PLATES 5lbs	24 EA	\$ 10.50	\$ 252.00
TROY RUBBER GRIP PLATES 2.5lbs	24 EA	\$ 5.00	\$ 120.00
12-Sided Rubber Encased Dumbbell 5-50 lbs.	3 EA	\$ 1,180.00	\$ 3,540.00
12-Sided Rubber Encased Dumbbell 55-100	3 EA	\$ 3,300.00	\$ 9,900.00
TROY BLACKWING BAR	9 EA	\$ 400.00	\$ 3,600.00
International Style E-Z Curl Bar - Black	4 EA	\$ 130.00	\$ 520.00
WF - Flat-To-90 Bench w/Transport Wheels	6 EA	\$ 500.00	\$ 3,000.00
WF - 10' - 3 Tier Dumbbell Rack	4 EA	\$ 750.00	\$ 3,000.00
Lock-Jaw PRO 2 Barbell Collar - Black	14 PR	\$ 28.00	\$ 392.00
Supply/ Install 4" wall base in black	306 EA	\$ 3.50	\$ 1,071.00
Supply/ Install Transitions	12 EA	\$ 8.00	\$ 96.00
Sports Mobile Whirlpool, 110 Gallon	4 EA	\$ 6,800.00	\$ 27,200.00
Subtotal: \$124,663			
Freight: \$5,937.00			
Total Equipment Cost: \$130,600			
TOTAL Construction/Renovation and Equipment Cost: \$500,000.00			