

# Elizabeth Andersen, MS, LMHC

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I am a strategic and empathetic leader with dynamic experience as a nonprofit CEO and a background in mental health counseling, seeking to leverage my expertise in organizational management, team development, and human-centered leadership to drive operational excellence. I am passionate about supporting personal and professional growth and fostering an inclusive, collaborative work environment.

## EDUCATION:

- ❖ Masters of Science in Mental Health Counseling; College of Health, University of North Florida, 2011
- ❖ Bachelor of Arts in English; College of Liberal Arts and Sciences, University of Florida, 2005

## WORK EXPERIENCE:

2024-Present **Chief Executive Officer**  
*OneJax Inc.*

- Develop and Implement community programs related to resilience, pluralism, and belonging
- Collaborate with community, youth organizations, and employers to implement workshops and training related to communication, emotional intelligence, wellbeing and belonging
- Develop and Implement donor development plan
- Oversee strategic planning process and implementation
- Collaborate, coordinate and report to Board of Directors and Advisory Council members
- Create and manage news media, email, and social communications
- Develop and oversee \$1M budget
- Manage staff of 6-10
- Coordinate with local interfaith leaders on social justice initiatives and cross cultural dialogue

2022-2024 **Strategy and Growth Consulting**  
*MomsRising*

- Support Parent Listening Tour to identify key areas impacting Florida Families
- Advance mobilization & movement across issues in alignment with the key areas identified by families in FL
- Collaborate in development of creative, engaging, & action-generating strategy & content
- Develop partnerships with business, nonprofit, & government across FL for online & on the ground action
- Engage traditional media within Florida press outlets to promote and represent local and state initiatives

2018-2022 **School Board Member, District 2**  
*Duval County Public Schools*

- School Health Advisory Committee, 2018-2022; collaborating with community health nonprofits
- Legislative Liaison, 2019-2021; government relations and advocacy
- School Board Vice-Chair, 2019/2020; community outreach and support for multiple county referendum initiatives
- School Board Chair, 2020/2021; Direct oversight of Superintendent & Internal Auditor, responsible for setting agendas and running meetings, overseeing public meetings and maintaining decorum using Robert's Rules of Order, writing & presenting policy, joint oversight of \$2 Billion budget

2014-2024 **Owner/Therapist**  
*Foundations Therapy Jax, LLC*

- Licensed Mental Health Counseling specializing in teens and parenting
- Business and financial management
- Community outreach and marketing

2012-2019 **Licensed Clinical Supervisor- Community Family Service; Full Service Schools; School Based Treatment**  
*Child Guidance Center*

- Support operations of team of 11 therapists; reviewing all records and documentation and providing clinical supervision
- Managed staff, relationships with funder and partnering agencies, reporting, and data for multiple grant programs
- Client centered mental health, developmental, behavioral, and play therapy for children and adolescents

- Coordination of services with other mental health providers, physicians, and school district representatives
- Advocacy during IEP, MRT, and other school district and DCF meetings

2010-2011 **S.T.A.R. Substance Abuse/ Mental Health Counselor; Intensive Case Manager; Clinical Intern**

*Gateway Community Services*

- Provided clients with individual, process & psycho-educational groups, and family counseling sessions
- Complete needs and mental health assessments; advocate and referral to appropriate agency or community services
- Prepared and presented weekly medical staffing reports and other clinical documentation efficiently and effectively

2006-2010 **Florida Certified Teacher English grades 6-12**

2008-2010 Edward H. White High School/ Jacksonville, FL

2007-2008 Terry Parker High School/ Jacksonville, FL

2006-2007 Hawthorne Middle Senior High School/ Hawthorne, FL

#### **SKILLS:**

- ❖ Results oriented Leadership
- ❖ Positive attitude
- ❖ Cooperative
- ❖ Effective listening, verbal, & written communication
- ❖ Self-motivated worker with strong work ethic
- ❖ Detail oriented
- ❖ Strategic thinking
- ❖ Flexible; Adaptive

#### **VOLUNTEER EXPERIENCE:**

- ❖ Connect Class 12, Leadership Florida; 2023
- ❖ Board of Directors, Jax Chamber, 2021
- ❖ Beaches Chamber Board, 2019-2022
- ❖ Executive Committee, FSBA, 2020-2022
- ❖ Board Member, Hive Mind; 2021-present
- ❖ COJ Mental Health Committee, Chair 2023-present

**REFERENCES AVAILABLE UPON REQUEST**