

**Dawn Thomas**

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**Career Summary**

Dedicated Home Health CNA with passion for providing compassionate care to patients, with a strong foundation in understanding unique needs and challenges. Exceptional communication and problem solving skills paired with empathy and patience resulting in building trusting relationships. Eager to leverage extensive patient care background and social work education. I am looking for a social work job in your company.

**Core Competencies**

- Psychosocial Assessments
- Family Case Conferences
- Detailed Documentation
- CPR/ AED Certified
- Brief Interview for Mental State (BIMS)
- Mood Cognitive
- Microsoft Office Suite (PowerPoint, Excel, Outlook, Word)

**Education**

**Masters in Social Work** 2027

**Bachelor's degree in Behavioral Science Social Work Minor in Psychology** 2024  
*Liberty University, Lynchburg, VA*

**Certified Medication Technician** 2023  
*Liberated Shells, Salisbury, MD*

**Associate's degree in Medical Billing & Coding** 2016  
*Grantham University, Kansas, MO*

**Home Health Aide (HHA)** 2011  
*Grossmont Healthcare College, San Diego, CA*

**Certified Nursing Assistant** 2000  
*Nurse Aide Training Indianapolis, IN*

**Professional Skills**

### **Patient Care**

Provided activities of daily living (ADL) by assisting patients with bathing, dressing, toileting, grooming, and ambulation, promoting their dignity and independence. Proficient in accurately recording and monitoring vital signs, including blood pressure, heart rate, temperature and respiratory rate, ensuring timely interventions when necessary. Administered prescribed medications following established protocols, and maintained meticulous records to guarantee patient safety and compliance. Acted as an advocate for patients, effectively communicating their needs and concerns to appropriate staff resulting in improved care outcomes. Responded calmly and efficiently to emergent situations, providing immediate care and alerting the appropriate medical personnel as needed. Skilled in providing basic wound care, including dressing changes and cleaning and infection control measures preventing complications.

### **Administrative**

Maintained accurate and detailed patient records, including care plans, progress notes, and incident reports, ensuring continuity of care and compliance with regulatory standards.

### **Case Management**

Implement and managed individualized care plans for a caseload of patients, ensuring continuity of care and addressing specific medical and social needs. Conducted comprehensive assessments to identify patients' physical, emotional, and social needs. Collaborated with team to develop tailored care plans.

### **Professional Experience**

<u>Delores Barr Weaver Policy Center, Survivor Mentor</u>	May 2025-
<u>Chesapeake Caregivers</u>	March 2024- August 2024
<u>ARC of Chesapeake, Day to Day Administrator / Peer Support Specialist</u>	January 2024 – August 2024
<u>Home Health Aide, Private Duty</u>	September 2022-April 2023
<u>Transition Care Coordinator, River Garden Hebrew Home</u>	July 2022-August 2023
<u>Home Health Aide, Pinnacle Home Health</u>	August 2021- August 2022
<u>Hospice Aide, Heartland Hospice</u>	July 2018-July 2020
<u>Home health Aide/Intake Coordinator/ Scheduler, Prospect Home Health</u>	September 2017-May 2020
<u>Hospice Aide, Seaport Home Health and Hospice</u>	October 2015 – March 2017
<u>Hospice Aide, Health Essential Hospice</u>	October 2014 – July 2016
<u>Hospice Aide, Bridge Home Health</u>	January 2014 – December 2016
<u>Home Health Aide, Dependable Nursing</u>	November 2013 – December 2016
<u>Home Health Aide, Kindred at Home</u>	November 2013 – December 2016

<u>Home Health Aide, Nightingale Hospice</u>	March 2008 – June 2011
<u>Home Health Aide, Caregivers Home Healthcare</u>	September 2003 – March 2008
<u>Home Health Aide, Vision Staffing</u>	August 2003 – May 2005
<u>Private Home Health Aide, Private Duty</u>	June 2000 – April 2003